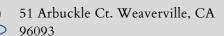
What is LEAP?

Trindel has recognized the toll that it takes on our law enforcement personnel to protect and serve our communities and has developed the LEAP program as a proactive approach to assist employees that have experienced or witnessed a tragic event in seeking counseling or another specialized approach to help prevent the downfall from these events.







Phone: 530-623-2322 Fax: 530-623-5019

> bcooper@trindel.org tmiller@trindel.org rhartman@trindel.org



WHAT DO WE PROVIDE?

Culturally competent professionals providing confidential and specialized counseling for the first responder community. Each member county law enforcement professional, their spouse and dependents are entitled to 3 sessions as a whole within any 6 month period for a total of 6 sessions per year.



Professional Development & Training



Confidentiality



Wellness
Committee &
Peer Support

HOW TO UTILIZE A PROVIDER:

Choose a Provider

Select a service provider or peer support provider from the list below.

Contact Provider or Peer Support Contact the service provider or peer support provider by the contact information listed below. You will need to provide employment verification by providing a copy of an employee id or a recent paystub.

Billing

LEAP provider will send Trindel the bill for the service visits. Personal, sensitive information is not shared in adherence of HIPAA privacy laws. You can continue seeing a provider after using LEAP benefits utilizing personal insurance or other payment options.

First Responder Counselors

Becky Blatnick 235 Monument Dr. Crescent City, CA 95531 Phone: 707-464-8451

Cyndi McDonald, LMFT, LPCC 831-236-3122
*Only providing teleservices

Erin Chapel 3732 Lakeside Dr. Suite 100 Reno, NV 89509 Phone: 775-870-6552

Gail Jacobs 1650 Hwy 395 #101 Phone: 775-781-9916

Janet Schwertscharf, LCSW 415 Hwy 101 South Crescent City, CA 95531 Phone: 707-457-3012

Jil Chipman, LMFT 65 B. Main St. Weaverville, CA 96093 Phone: 530-355-3081

Marilyn J. Wooley, Ph.D. 2469 Old Eureka Way Redding, CA 96001 Phone: 530-244-9977

Marla Maynard 11801 Pierce St. Suite 222 Riverside, CA 92505 951-902-9515

Michel G. VanGordon 530-318-1502 *Only providing Teleservices

First Responder Counselors

Nancy Rarick 11343 Lakeshore S Auburn, CA 95602 Phone: 530-519-6532

Rose Reynolds, Ph.D. 501 H. Street, Suite 7 Crescent City, CA 95531 Phone: 541-661-5840

Physical Nutrition & Wellness

<u>Upstep Orthotics</u>

https://www.upstep.com/about

Enter **JPA-NCA** coupon code to get \$70 off Upstep products

Kelly's Fitness Plus & White Wolf Gym

Kelly O'Brien PO Box 1565 Weaverville, CA, 96093 530-623-0014



LEAP

Chaplain/ Peer Support

FRONT LINE FIRST

Critical Incident Response Chaplain and Peer Support Services

Depending on incident complexity, a two chaplain response team is dispatched to each first responder critical incident event.

Member Agency Peer Support Program Consulting

One annual visit to member county to meet with agencies peer support team, review agency program, and provide refresher training if needed.

Chaplain and Peer Support Counseling

Three sessions annually per first responder employee. This is extended to family members, including spouses and dependent children.

Vickie Stanfill

email: info@frontlinefirst.org

Phone: (916) 259-9987



The Fight After the Fight #YouGoIGo

Peer Support Counseling Ann Carrizales

Cell: (281)-757-8146 (text or call) email: annmcarrizales@gmail.com

