

# Livongo – Express Scripts

## LIVONGO DIABETES MANAGEMENT PROGRAM

Livongo's design has proven to be successful in achieving behavioral changes that result in better management of diabetic conditions. With Livongo, covered individuals diagnosed with Diabetes can receive targeted support and guidance for better management of their condition.

Livongo enrollees will be given a free cellular connected glucose monitor for effortless real-time data collection, free test strips to ensure regular/timely testing, personalized health nudges to deliver calls when members are most receptive, and human-centered support 24/7 with live 1:1 coaching from credentialed clinicians.

**Beginning January 1, 2022** eligible individuals interested in participating can enroll online at [welcome.livongo.com/PRISM](https://welcome.livongo.com/PRISM) or via telephone at (800) 945-4355 using registration code: **PRISM**

You'll get this and more when you sign up:

- Unlimited strips
- Connected glucose meter
- Personalized insights and more

